

# 14 things I like about me gratitude sheet

**Name:**

**Date:**

1

2

3

4

5

6

7

8

9

10

11

12

13

14



# 14 things I like about me gratitude sheet

**Name**

**Date:**

*Defined by Wikipedia  
Gratitude, thankfulness, or  
gratefulness, **from the Latin  
word gratus 'pleasing,  
thankful'**, is a feeling of  
appreciation felt by and/or  
similar positive response shown  
by the recipient of kindness,  
gifts, help, favors, or other types  
of generosity, towards the giver  
of such gifts.*

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---